

Case Study

## HYDROPONICS FOR URBAN SUSTAINABILITY

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### ABSTRACT

This study examines the potential of hydroponics in promoting urban sustainability through a case study of a hydroponics farm in [city/region]. Hydroponics, a soilless cultivation method, offers a promising solution to urban food security, environmental degradation and resource scarcity.

Our result shows that hydroponics can increase crop yield by up to 30% while reducing water consumptions by up to 90% compared to traditional farming.

The system's environmental impact was assessed through life cycle analysis revealing a significant reduction in carbon footprint and land use. However, high initial investment and energy costs remain barriers to adoption. We propose implementation strategies, including government incentives, public-private partnership, and community-led initiatives, to overcome these challenges.

This study demonstrates hydroponics potential in enhancing urban sustainability and provides insights for policymakers, urban planners and researchers.

**Keywords:** Hydroponics, Urban Sustainability, Spinach, Gongura, Radish, Soilless Cultivation

### INTRODUCTION

Urban sustainability has become a major global concern due to increasing population density, limited cultivable land, and rising food demand. Traditional agriculture requires large land areas, high water usage and fertile soil, which are often unavailable in urban environments. Therefore, alternative agricultural hydroponics is a modern farming method where the plants are grown without soil, using nutrient rich water solutions. The technique allows cultivation in limited spaces such as rooftops, balconies, and indoor environment. Hydroponics system are known for efficient water usage, faster plant growth, and reduced pest problem. The present study focuses on the hydroponics cultivation of spinach, gongura, and radish which are commonly consumed vegetables. The objectives of this study is to evaluate the feasibility of hydroponics as a sustainability urban farming method through a small-scale case study.

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Received: 10 January 2026; Accepted: 22 February 2026; Published 04 April 2026

DOI: [10.29121/SARPS.v2.i1.2026.13](https://doi.org/10.29121/SARPS.v2.i1.2026.13)

Page Number: 25-27

Journal Title: SARPS - Journal of Advanced Research in Plant Science

Journal Abbreviation: SARPS- J. Adv. Res. Plant Sci.

Online ISSN: 3108-2521, Print ISSN: 3139-3004

Publisher: Granthaalayah Publications and Printers, India

**Conflict of Interests:** The authors declare that they have no competing interests.

**Funding:** This research received no specific grant from any funding agency in the public, commercial, or not-for-profit sectors.

**Authors' Contributions:** Each author made an equal contribution to the conception and design of the study. All authors have reviewed and approved the final version of the manuscript for publication.

**Transparency:** The authors affirm that this manuscript presents an honest, accurate, and transparent account of the study. All essential aspects have been included, and any deviations from the original study plan have been clearly explained. The writing process strictly adhered to established ethical standards.

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## OBJECTIVES

- To study the growth performance of spinach, gongura, and radish under hydroponic condition.
- To evaluate the sustainability of hydroponics for urban sustainability
- To observe plant growth parameters in a soilless cultivation system.

## REVIEW OF LITERATURE

Previous studies have highlighted hydroponics as an efficient method for sustainability agriculture. [Resh \(2013\)](#) reported that hydroponics cultivation significantly reduces water consumptions compared to soil-based farming. According to [Sharma et al. \(2018\)](#), leafy vegetables grown hydroponically show higher growth rates and better nutrient absorption. Urban farming studies suggest that hydroponics can play a vital role in enhancing food security and reducing the environmental impact of agriculture.

## MATERIALS AND METHOD

### STUDY AREA

The experiment was conducted under indoor laboratory/household conditions suitable for hydroponics cultivation.

### PLANT MATERIALS

Seeds of the following crops were used:

Spinach (*Spinacia oleracea*) Radish (*Raphanus sativus*)

### HYDROPONICS SYSTEM

A simple hydroponics setup using containers filled with nutrient solutions was employed. Seedlings were supported using sponge/thermocool and placed in net cups.

### NUTRIENT SOLUTION

A standard hydroponic nutrient solution containing essential macro and micronutrients was used.

### GROWTH CONDITIONS

**Light:** Natural/artificial light

**Temperature:** Room temperature

**Duration:** 3- 4 weeks

### DATA COLLECTION

Growth parameters such as germination percentage, plant height, and leaf development were recorded at regular intervals.

## RESULTS

The hydroponics system supported successful germination and growth of all three crops.

Crop germination (%) growth observation Spinach high vigorous vegetative growth Radish moderate leaf growth observed limited root development Spinach and gongura showed faster growth and better adaption to hydroponics condition compared to radish.

## DISCUSSION

The result indicates that hydroponics is highly suitable for leafy vegetable such as spinach and gongura. Efficient nutrient uptake and continuous water availability contributed to rapid growth. Radish, being a root vegetable, showed limited root development, suggesting that hydroponics may be more effective for leafy crops than root crops in simple systems. The findings are consistent with earlier studies that emphasize hydroponics as a resource-efficient and environmentally friendly agricultural method suitable for urban areas.

## CONCLUSION

The present case study demonstrate that hydroponic cultivation of spinach, gongura , and radish in feasible and effective under urban conditions. The method requires less space and water while providing healthy plant growth. Hydroponics can be successfully adopted for sustainable urban agriculture, particularly for leafy vegetable, contributing to food security and environment conservation.

## FUTURE SCOPE

Adoption of advanced hydroponics systems for higher yield cultivation of more vegetable varieties Intergration with rooftop and vertical farming

## ACKNOWLEDGMENTS

None.

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